

Pentecost Mix:

A Snack Activity for Early Elementary Grades

Pentecost (Ho-keh-ka-loust) is May 27th this year which falls in the middle of the Memorial Day weekend. Many Sunday Schools are closed for this weekend, but the following is a fun (and tasty!) activity for little ones which can be used on the Sunday before or after.

First, teach the kids how the Holy Spirit came upon the believers in an event that has come to be known as “the birthday of the church” by reading aloud Acts 2:1-12.

Then have kids make this tasty snack as a reminder of Pentecost. Place the following ingredients into a resealable plastic bag. You can assemble the snack bags together (with help for the littlest). Some ideas below, although you may come up with your own. Of course, clear all food allergies with parents (which should be routinely done, anyway, at registration time) and prepare accordingly.

- **Wheat Chex Cereal** – Place 50 pieces in the bag to signify 50 days from Easter to Pentecost. Wheat is for “feast of weeks” (Leviticus 23:15-17).
- **Bear-Shaped Cookies** – These signify the disciples and people who gathered for Pentecost.
- **Popcorn** – This reminds us of the Holy Spirit. Show kids an unpopped kernel of popcorn representing a person. Ask kids what makes the popcorn pop so it’s ready to eat. Tell kids that even though they can’t see the heat needed, it changes the popcorn kernel into something edible and useful. The Holy Spirit is like heat – we can’t see the Holy Spirit but he changes us and helps us serve God.
- **Candy Corn** – These remind us of the tongues of fire on the day of Pentecost.
- **Fish-shaped Crackers** – These represent all the people who gathered to form Christ’s church. The fish was an early symbol of Christianity because the Greek word for fish also spelled out the acronym for “Jesus Christ, Son of God and Savior.” Fish and fishermen also appeared frequently in the New Testament.